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TITLE

THE ROLE OF EMSS PARENTING ORIGINS AND COPING STYLES IN INDIVIDUALS DIAGNOSED WITH INFERTILITY AND THEIR SPOUSE: A CASE CONTROL STUDY

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ABSTRACT

Context - Early maladaptive schemes are cognitive, emotional and self-injurious patterns repeated throughout the life. The schema which inherited from the parents may have a significant role for raising the children.

Objective: To compare Early Maladaptive Schema (EMSs) parenting origins and copying style in two groups of individuals with infertility problem and the spouses without infertility who were referred to Royan institute as infertile couples.

Materials and Methods: It is a case-control study and was done on 244 individuals with at least one failure in ART. The cases (124 (Female=64 Male=60) and the control were 120 (Female=60 Male=60)). Two scales were administered. Measurement scales of material necessities, EMSs parenting origins, copying styles, and their subscales.

Result(s): A significant difference was observed in defectiveness/ shame in father parenting origins in case group but there was no significant difference observed among their mothers' EMSs parenting origins. Also, a strong significant difference in distancing item of copying style was observed among case group. .

Conclusions(s): Important information about a patient's psychological status and disease risk can be obtained from family history. As Children are the product of parenting styles, EMSs parenting origins probably play an important role in providing the setting of infertility. Based on the current study, an infertile individual feeling of self-worth is highly dependent on his/her father's defectiveness/shame schema. The stigma of infertility which infertile individuals carry with themselves can cause them to feel less worthy, defective and shamed and to avoid criticism and distress perceived, they choose to distance from the social and psychological source of infertility.

Keywords: infertility, EMS parenting origins, coping styles

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