VESICOVAGINAL FISTULA; NEW TRENDS AND MANAGEMENT. AN EXPERIENCE OF 25 CASES IN GYNAE B UNIT OF AYUB TEACHING HOSPITAL ABBOTTABAD

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ABSTRACT
Vesicovaginal Fistula is an abnormal communication between urinary bladder and vagina leading to true incontinence it has remained a challenge for both the patients due to distressing symptoms of continuous urinary leakage as well as the surgeon regarding success of repair.

Study Design: Retrospective Study.

Materials and Methods: This study was conducted over a period of 5 years from Jan 2011 to Dec 2015. A total of 25 cases were repaired after complete evaluation of the patient with detailed history examination and investigations. After repair the results were evaluated over next three months.

Results: Out of these 25 cases 16(64%) were due to Obstetric trauma 10(40%) cases after obstructed labor 2(8%) cases after VBAC with scar dehiscence and bladder damage, 2(8%) after bladder damage due to placenta previa percreta involving the bladder seven (28%) cases occurred after total abdominal hysterectomy for gynae problems two cases presented with repeat VBF due to bladder stone one case (4%) ended in failure in which there was a compound fistula involving the bladder and ureter.

Conclusions: VBF is common obstetric complication in our part of the country as in other developing countries the rate after hysterectomy is also on a rise as the time is passing by.

Key Words: Vesicovaginal fistula, urinary incontinence

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